

Personal Bible Study & Mentoring

S. O. A. P. & How People Change

Where do I start with my personal Bible Study? Where do I start with a new believer? How do I mentor them in all the things I've learned? The answer to all these questions is the Bible, and here's a very simple but highly effective way to help yourself and other's grow in Christ.

Personal Bible study will always be a key aspect in a person's spiritual growth. The SOAP pattern is a powerful method to help you study and apply God's word to your life as well as those you mentor.

4 Tools for Personal Growth and Mentoring

1. Bible- it can be your phone or the printed word
2. Plan- map out a plan for yourself – Start with Ephesians when mentoring
3. Journal- get a book that you can write what God is teaching
4. Pen- it's very important that you write down what God is teaching you

Save the first few pages of the book and use it as a table of contents. Each day you journal, give what you wrote a title. Paginate the pages to easily locate. Use the journal for daily study, for note taking at sermons and other key gatherings for your personal growth. Then periodically review what God is teaching you.

Paste the SOAP & How People Change page in the front of your book as a reference to assist you in the journaling and mentoring process. Jesus commanded us to go and make disciples. One of your goals is to mentor someone so that they are growing and mentoring someone else. Be sure to share this goal often with those you mentor. Use the questions as starters for your observation (Know) and application (Be, Do).

SOAP

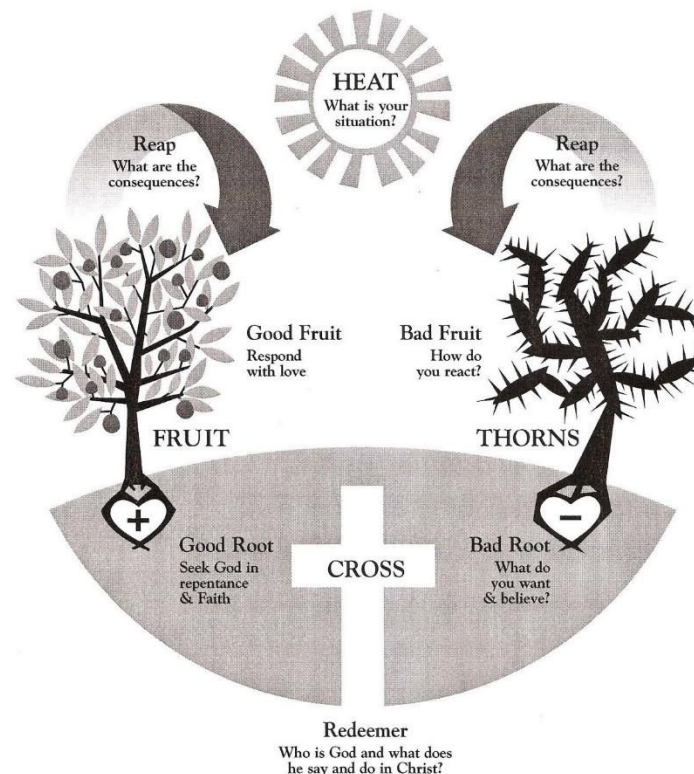
S- Scripture- spend time reading and highlight a single verse that the Holy Spirit is leading you to focus on. Then write it in your journal.

O- Observe- Who is God and what is He like? What has God done and what is he doing? Who am I? Who will I be?

A- Apply- What should I do? What am I called to be?

P- Prayer- write out your prayer regarding this.

Review with your mentor what you are learning. Use additional in **"How People Change"** to further apply what you are learning.



SAMPLE SOAP journal entry

Barriers to Discipleship (Buckle)	30
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Sing to The Creator Judge Nov 1, 2008

⑤ Ps 96:10 "Say to the Nations:
'The Lord reigns. The world is
firmly established; it cannot be
shaken. He judges the peoples
fairly'"

⑥ The Ps is encouraging us to
recognize that it is God who
creates, and the Earth is His. So
let the earth and all its peoples
celebrate the Creator and ascribe to
Him the glory due His name

He concludes with an escapo-
logical note: He is coming...
to judge the world ~~in~~ with

Righteousness & Faithfulness

⑦ I am to how and where to
Evangelize: 1) Day to Day - v2
2) Declare Among nations v3
3) Say Among nations "The Lord
Reigns... He judges"

⑧ Glorious & Righteous King, may I
worship you this day with the music in
my heart & spread to the Nations that
You are the Creator Judge

Resources

Divine Mentor, Wayne Cordeiro

Blue Letter Bible—Great resource for commentaries and reference books. Website <https://www.blueletterbible.org/>

Bible.is — Great Audio Bible with dramatic reading Website—
<http://www.bible.is/>

The Gateway Bible—Audio Bible, Commentaries, Reading
Plans <https://www.biblegateway.com/>

YouVersion— Audio Bible, Kids App, Reading plans, Devotions
<https://www.bible.com/>