

### Five Stages of Growth: What is Your Next Step?

Foundations	Early Letters: Establish in the Gospel		Middle Letters: Establish a Pattern for the Household of Faith		Late Letters: Entrust the Gospel to New Generations of Leaders	
	Establish		Establish		Entrust	
Spiritual Stage	Infant	Child	Young Adult	Parent	Grandparent	
Mentor's Role	Direct	Coach	Support	Delegate	Empower	
Establish In	Learn Scripture and Gospel	Grow Covenant Relationships	Explore Skills, Character and Heart of a Servant	Build Service and Mission	Legacy Perseverance	
Disciple Characterized by	Ignorance and Enthusiasm	Self-Centeredness and Disillusionment	God-centeredness (Humility), Other-centeredness (Love)	Intentionality and Vision	Multiplication	
Starting Point	Has a testimony of saving faith in Jesus. Has a desire to know God more deeply.	Wants to apply the gospel to their most important relationships at home, at church and in the world.	Is ready to serve in defined roles and ready to take some risks. Has a growing heart for outsiders and is obedient to the Lordship of Jesus.	High level of commitment and gives generously of time, energy and resources. Is a growing disciple of Jesus and wants to make disciples.	Already serving faithfully. Personally embodies the vision, mission and values of Jesus. Ready to multiply their influence through missional leaders.	
Growth Outcomes	<p>K. Is able to articulate the gospel.</p> <p>K. Understands the overall story of the Bible.</p> <p>K. Understands that all of their resources are a gift from God and are aware of others' needs.</p> <p>D. Is equipped to share the gospel through their own story.</p> <p>D. Can read, study and understand passages in the Bible.</p> <p>D. Is growing in the discipline of private and community prayer.</p> <p>D. Participates regularly in corporate worship.</p> <p>D. Is pursuing discipleship with a mentor.</p> <p>D. Has been baptized and practices communion in obedience to the Lord's command.</p> <p>B. Has had opportunity to count the cost of following Jesus and is still saying yes to him.</p> <p>B. Their love for God and his word is growing.</p> <p>B. Is being changed as they apply gospel truths to their lives.</p>	<p>K. Understands covenant relationships: Marriage, Children, Church, Work</p> <p>K. Understands the Lordship of Jesus and his dominion over everything.</p> <p>K. Understands the mission and importance of the local church.</p> <p>K. Understands the importance of intentionally sharing their gifts and resources with others.</p> <p>D. Can apply the gospel practically to problems and conflicts in their covenant relationships.</p> <p>D. Is practicing discipleship in their family.</p> <p>D. Is actively praying for the mission of the church, neighbors, friends and family members.</p> <p>D. Actively engaged in spiritual disciplines of prayer, Bible reading, witness and worship.</p> <p>D. Active in discipleship in a covenant community.</p> <p>D. Submitting to the Lord in their covenant roles and responsibilities.</p> <p>B. Has a growing love for the church, their family and God's purposes in the world.</p>	<p>K. Learning to help others handle conflict biblically.</p> <p>K. Understands the purpose of spiritual gifts and what theirs might be.</p> <p>D. Can lead prayer in small group settings.</p> <p>D. Shares the gospel with family, friends and neighbors.</p> <p>D. Listens to the Holy Spirit in discipleship and evangelism.</p> <p>D. Mastering the inductive study method.</p> <p>D. Is taking first steps toward discipling people outside of family.</p> <p>D. Practices tithing and generosity with financial and material resources.</p> <p>B. Has experienced disappointment with God and figured out it isn't fatal.</p> <p>B. Has experienced disappointment with the church and figured out it isn't fatal.</p> <p>B. Has experienced failure in ministry and has persevered.</p> <p>B. Is embracing servant leadership.</p> <p>B. Is increasingly bearing the fruit of the Spirit.</p> <p>B. Is counting the cost of leadership and embracing the vision of Jesus.</p>	<p>See Antioch "Becoming Established Assesment" for Know and Be Goals.</p> <p>D. Learning to pray for people that God has put under their care and celebrate God's work in response.</p> <p>D. Prays for God's work in the St. Croix Valley and in the world.</p> <p>D. Is actively discipling others to maturity.</p> <p>D. Is effective in personal witness and evangelism.</p> <p>B. Actively wrestles with Jesus' vision for our lives and seeks to adjust all of life to his priorities.</p> <p>B. Is learning to persevere in ministry and shepherding others.</p> <p>B. Demonstrates godly relationships at home, in the church and in the world.</p>	<p>See Antioch "Becoming Established Assesment" for Know and Be Goals.</p> <p>The essential thing here is that a legacy leader is multiplying missional leaders. They don't have to be an expert in everything but they should be competent missional leaders. They should meet the qualifications for eldership outlined in 1 Timothy 3 and Titus 1, except that women are also legacy leaders.</p>	

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Mentor's Role	Direct	Coach	Support	Delegate	Empower
Establish In	Learn	Grow	Explore	Build	Legacy
	Scripture and Gospel	Spiritual Disciplines and Covenant Membership	Skills, Character and Heart of a Servant	Servant Leadership and Mission	Perseverance
Disciple Characterized by	Ignorance and Enthusiasm	Self-Centeredness and Disillusionment	God-centeredness (Humility), Other-centeredness (Love)	Intentionality and Vision	Multiplication
Fundamentals	<ul style="list-style-type: none"> <li>- Daily Quiet Time: S.O.A.P.</li> <li>- The Four Gospel Questions</li> <li>- Read: at least one of the Gospels</li> <li>- Study: either Ephesians, Colossians, or Phillipians.</li> <li>- Assess self on Five Stages Tool.</li> <li>- Learn to share their Gospel Story.</li> </ul>	<ul style="list-style-type: none"> <li>- Daily Quiet Time: S.O.A.P.</li> <li>- The Four Gospel Questions</li> <li>- "Share Jesus Without Fear" Tool</li> <li>- Root to Fruit Tool</li> <li>- Study: Ephesians, Colossians or Phillipians</li> <li>- Read: the remaining Gospels and Genesis 1-Exodus 20</li> <li>- "Disciplines of Grace" by Bridges</li> <li>- "Church Membership" by Leeman</li> <li>- "The Meaning of Marriage" by Keller (for married people)</li> <li>- The Peacemaking Pamphlet by Ken Sande</li> <li>- The Five Thresholds of Conversion Tool</li> </ul>	<p>In stages 3-5, there is lot of latitude to determine which resources are best for developing the skills, character and heart of a servant that meets the individual needs of the person being disciplined.</p> <ul style="list-style-type: none"> <li>- Daily Quiet Time: S.O.A.P</li> <li>- The Four Gospel Questions</li> <li>- Root to Fruit Tool</li> <li>- "Share Jesus Without Fear" Tool</li> <li>- Study: 1 Peter, 1 Timothy and 2 Timothy</li> <li>- Read Exodus - Ezra and rest of the New Testament</li> <li>- "Leading with Love" by Strauch</li> <li>- "Gospel Fluency" by Vanderstelt</li> <li>- Assign reading/research on a relevant topic of your choice from "Systematic Theology" by either Frame or Grudem</li> <li>- Read 1-2 books from the "Nine Marks of a Healthy Church" series, edited by Devers and Leeman</li> <li>- <u>Spiritual Gifts Assesment, by Winter</u></li> </ul>	<p>In stages 3-5, there is lot of latitude to determine which resources are best for developing the skills, character and heart of a servant that meets the individual needs of the person being disciplined.</p>	<p>In stages 3-5, there is lot of latitude to determine which resources are best for developing the skills, character and heart of a servant that meets the individual needs of the person being disciplined.</p>
Complementary Resources	<ul style="list-style-type: none"> <li>- Read: Genesis 1 - Exodus 20</li> <li>- Read: Matthew, Mark, Luke, John, Psalms</li> <li>- Study: Ephesians, Colossians, or Phillipians</li> <li>- "Jesus Storybook Bible" by Lloyd-Jones (excellent overview of the story of the Bible)</li> <li>- "The Fight" by John White (excellent introduction to the Christian faith)</li> <li>- "Gospel Primer" by Vincent (for an introduction to essential gospel truths)</li> <li>- "Victory Over the Darkness" by Anderson (excellent introduction to practical implications of the gospel)</li> <li>- "Share Jesus Without Fear" Tool (for learning to share their faith)</li> </ul>	<ul style="list-style-type: none"> <li>- Read: Exodus - Ezra</li> <li>- Read: Acts, Romans-Philemon, 1 Peter</li> <li>- "How to Read the Bible for All its Worth" by Fee and Stuart (the title says it all)</li> <li>- "Humility" by Mahaney (great for people struggling in relationships)</li> <li>- "The Drama of Scripture" by Goheen (a deeper look at the story of the whole Bible)</li> <li>- "Conscience" by Naselli and Crowley (helpful for understanding disagreement in the church)</li> <li>- "Union with Christ" by Wilbourne (a deeper look at our identity in Christ)</li> <li>- "The Reason for God" by Keller (a great intro to apologetics for people struggling with questions)</li> </ul>	<p>Vocation:</p> <ul style="list-style-type: none"> <li>- "Every Good Endeavor" by Keller (great introduction to vocation as mission)</li> </ul> <p>Mission/Evangelism:</p> <ul style="list-style-type: none"> <li>- "Evangelism and the Sovereignty of God" by Packer (great introduction to the tension of God's sovereignty and human will in evangelism)</li> <li>- "The Art of Neighboring" by Pathak</li> <li>- "I Once Was Lost" by Everts and Schaupp (the five thresholds of evangelism explained)</li> </ul> <p>Theology/Apologetics:</p> <ul style="list-style-type: none"> <li>- "Taking God at His Word" by DeYoung (theology of the Bible as God's Word)</li> <li>- "Knowing God" by Packer</li> </ul>		
Class Supplements	<p>Look for classes like:</p> <ol style="list-style-type: none"> <li>1. Christianity Explored Class</li> <li>2. Inductive Bible Study Class</li> <li>3. Marriage Class</li> <li>4. Parenting Class</li> <li>5. Men's Fraternity</li> <li>6. Old Testament Overview Class</li> <li>7. New Testament Overview Class</li> </ol>	<p>Look for classes like:</p> <ol style="list-style-type: none"> <li>1. How People Change</li> <li>2. Apologetics Class</li> <li>3. Financial Peace University</li> <li>4. Titus 2 Mentoring Group (for women)</li> <li>5. Titus 1 Mentoring Group (for men)</li> <li>6. Marriage Class</li> <li>7. Parenting Class</li> </ol>	<ol style="list-style-type: none"> <li>1. Antioch: Acts Course</li> <li>2. Antioch: Pauline Epistles</li> </ol>	<ol style="list-style-type: none"> <li>1. Antioch: Essentials</li> <li>2. Peacemaker's Training</li> <li>3. Biblical Counseling Training</li> <li>4. Perspectives Course</li> </ol>	

- Keys to Fruitful Discipleship:
1. Meet Regularly
  2. Give your time to those that want to grow.
  3. DON'T ASSUME the gospel. Learn and test it.