## SERMON GUIDE WHEN I AM ANGRY/GRIEVING

Psalm 77 | Pastor Tim Porter

July 10, 2022

Helping people live a gospel inspired life.

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Listen to this week's worship music playlist on Spotify.

## **SERMON NOTES**

OUR MISSION is to make more and better disciples of Jesus Christ.

#### THIS WEEK'S MEMORY VERSE

Phil. 2:6-7 (God's Character) who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men.

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The Conversation Guide is a great tool for individuals, families, discipleship groups and Missional Communities to take a deeper, more personal dive into the content of the current sermon series. The Conversation Guide will be posted by every Friday on the 'live' page of our website and in our weekly newsletter. We encourage you to use it this week on your own, around your dinner tables, over coffee with your friends or in your faith groups!

The Conversation Guide is built on the SOAP model, which is a tool you can use when reading the Bible. SOAP helps you be intentional about paying attention to:

Scripture that stands out to you while you read Observations you are making about a passage Applications that connect the verses to your real life and relationships Prayer that invites God to participate in all that you do

### **Conversation Questions**

**Getting to Know Me:** When was the last time that you were so distressed you couldn't sleep? What kinds of thoughts and feelings were going through your mind?

### Read Psalm 77

- S: What verses, phrases, words or feelings stand out to you as you read this text? Is anything "illuminated" or jumping off the page and affecting your spirit?
- O: How does this text feel to you? What do you find interesting? What do you wonder? Is there anything about God that is surprising to you in this passage?
- O: In Psalm 77, Asaph asks six different questions. What are they? What does it reveal about Asaph's troubles and his heart? Have you ever asked God questions like these? Could you?

O: What's the difference between how Asaph approaches his anger and distress in v.1-9 and then in v. 11-20?

Which of God's attributes are brought into question (v.1-9).

What truths about God does Asaph bring to mind to minister to his own heart (v.11-20)?

What do you think verse ten means? What can we learn about how we should respond when we're deeply troubled and angry?

- A: Why do you think remembering "the deeds of the Lord" and "meditating on his mighty deeds" is so helpful when we're angry or grieving? Do you feel that you know the story of God well enough to do that right now? If not, where would you begin (you may need to ask a friend this).
- A: Which of God's deeds or attributes do you most need to remember and meditate on right now? Is there any specific story about God in the Bible or in your own life that you need to call to mind? How would remembering this help you this week?
- P: Talk to God about your application responses. Ask him to speak to you, help you, forgive you, and provide direction that you need.