



## SERMON GUIDE

# JESUS IS GOOD NEWS FOR OUR BODIES

1 Corinthians 6:9-20 | Pastor Tim Prince

June 11, 2023

Faith Community Church | fcchudson.com

## Conversation Questions

The Conversation Guide is a great tool for individuals, families, discipleship groups and Missional Communities to take a deeper, more personal dive into the content of the current sermon series. The Conversation Guide will be posted by every Monday on the 'live' page of our website and in our weekly newsletter. We encourage you to use it this week on your own, around your dinner tables, over coffee with your friends or in your faith groups!

The Conversation Guide is built on the SOAP model, which is a tool you can use when reading the Bible. SOAP helps you be intentional about paying attention to:

- S**cripture that stands out to you while you read
- O**bservations you are making about a passage
- A**pplications that connect the verses to your real life and relationships
- P**rayers that invite God to participate in all that you do

**Getting to Know Me:** Can you remember a time that you felt uncomfortable in your own skin?

**Note About the Passage:** The people who received this letter had a shared cultural belief that the practices of the physical body were inconsequential to the spiritual life. They thought, "We can do whatever we want with our bodies, and it won't impact us spiritually." Food is meant for the stomach and the stomach is meant for food" was a popular catchphrase in their time. Visiting a temple prostitute was also an acceptable practice for many of the readers, which they understood not to matter for their spirituality.

### Read 1 Corinthians 6:9-20

**S:** What verses, phrases, words, or feelings stand out to you as you read this text? Is anything "illuminated," surprising, or jumping off the page and affecting your spirit?

**O:** What do you think of the catchphrase "food is meant for the stomach and the stomach is meant for food?" Why do you think Paul makes the point "God will destroy both – one and the other"?

**O:** Why do you think we are resistant to being owned by God?

**A:** If God had written this passage just for you, what words, phrases or ideas would he have underlined specifically for you? What did you need to hear most? Why?

**A:** Is there any way that you've been treating your body as though it were your own? (Examples: overeating, poor nutrition, drug and alcohol abuse, not prioritizing rest, sexually, harming yourself or others, etc...). If there's anything God is asking you to "put off" are there any new practices that he is asking you to "put on" in response to this study?

**P:** Talk to God about your application responses above. Remembering that you have been washed, and that you belong to God, take time in prayer to offer your whole life (including what you do with your body) to God.