

WHY DO I DO WHAT I DO?

SERMON GUIDE

HEALING OVER THE LONG HAUL

Ephesians 4:17-24 Pastor Tim Prince

February 11, 2024

Helping people live a gospel inspired life.

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SERMON NOTES

OUR MISSION is to make more and better disciples of Jesus Christ.

THIS WEEK'S MEMORY VERSE (Year 2, Week 7)
Romans 3:24 (Gospel)

and are justified by his grace as a gift, through the redemption that is in Christ Jesus,

FAITH COMMUNITY CHURCH

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Conversation Questions

Getting to know me: What is your earliest memory of being assigned an "identity" - for example: "You are fast." "You are smart." "You are..." Can you remember it? How did it impact your life?

Note about the passage:

Read Ephesians 4:17-24

- S** What verses, phrases, or words stand out to you as you read this text? Is anything "illuminated" or jumping off the page and affecting your spirit?
- O** How is the "old self" described in these verses? What is happening to the heart and mind of the "old self"?
- O** What role do desires play in the old self? What impact do our desires have on us?
- O** Describe the "new self" in these verses.
- O** What do you think it means to be "renewed in the spirit of your mind?" Have you ever experienced this?
- O** What do we need to be continually putting on? What would it look like to do so? Give specific examples.
- O** We tend to want change to happen in our lives immediately and we want it to happen easily. How does this teaching about our hearts, minds, and desires (v.17-24) help us to enter the process of change more realistically?
- A** If God had written this passage just for you, what words, phrases or ideas would he have underlined specifically for you? What did you need to hear most? Why?
- A** What areas of you life/relationships need your attention in putting on the "new self"? What can you do this week to put on the "new self"?
- A** What would it mean in your life to be "renewing the spirit of your mind"? What could that look like in your life this week? Be as specific and current as you can.
- P** Talk to God about your application responses. Ask him to speak to you, help you, forgive you, and provide direction as needed.

The Conversation Guide is a great tool for individuals, families, discipleship groups and Missional Communities to take a deeper, more personal dive into the content of the current sermon series. The Conversation Guide will be posted by every Friday on the 'live' page of our website and in our weekly newsletter. We encourage you to use it this week on your own, around your dinner tables, over coffee with your friends or in your faith groups!

The Conversation Guide is built on the SOAP model, which is a tool you can use when reading the Bible. SOAP helps you be intentional about paying attention to:

- S**cripture that stands out to you while you read
- O**bservations about the verse or phrases that stood out to you
- A**pplication that connect the verses to your real life and relationships
- P**rayer that invites God to participate in your life and provide power to follow him