

Fall Retreat Packing List

WHAT TO BRING:

- Bible and two pens
- Backpack/bag to carry Bible and retreat booklet
- Towels and washcloth
- Toothpaste and toothbrush
- Soap-shampoo-conditioner
- Clothes for four days (It's October in MN – make sure to pack warm clothes)
- Tennis shoes
- Flashlight
- Reusable water bottle
- Alarm clock (battery operated)
- Pillow and sleeping bag
- Medications (if needed) (see note below)

Optional:

- Nice clothes to wear to our formal dinner on Saturday night
- Supplies you'll need if you signed up for the talent show
- Camera
- Money for canteen/retreat coffee shop
- Snacks to share with your cabin

DO NOT BRING: PHONES* of any kind ELECTRONICS of any kind KNIVES/WEAPONS of any kind Books/Magazines/Homework DRUGS, ALCOHOL or TOBACCO are grounds for being sent home immediately! No Vaping. Please do not bring anything valuable or nostalgic. These things tend to get lost while at camp.

***PARENTS:** We want students to be free from all distractions to fully focus on God. Please tell your students to leave their cell phones at home. All phones found will be held by staff until we return. Friendship staff has access to camp phones and cell phones as necessary for emergency purposes

***PACKING MEDICATIONS:** ANY medication your student brings will need to be turned into the camp nurse when you check in your student for Fall Retreat. You will meet with the nurse at check-in and confirm that she has all the correct information for your student and their meds. The nurse distributes all meds (including over-the-counter) while at retreat. Meds will be given back to students before they get on the bus to come home on the final day.