### The Touchstone Tools ("TTT") Empowerment Workshop



### Holistic Hardware ("HH")

**Peak Performers Program ("PPP")** 

**Dynamic Discipleship ("DD")** 



### The Ten Touchstone Tools of HH, PPP & DD

**Responsibility Tool** 

Vision Tool

Self-esteem Tool

**Discipline Tool** 

**Association Tool** 

**Planning Tool** 

Work Tool

Wealth Tool

Love Tool

Faith Tool

Tool	is about	Key	Chief Principle	Parts
Vlsion	View of the future	Change view of future from negative to positive to be motivated to make progress	3-V Strategy	Visicn Valley Victory
Responsibility	Ability to respond effectively In personal crisis	Take ownership of my personal crisis by my attitude	Three-Step Strategy	Look back Get out Take note
Self-Esteem	Ability to raise self- image from low to high	Connect to others, Conceive of yourself as important, Care for others, Commit to something you do well and Carry the scale of pride and humility in balance.	5-C Strategy	Connect Conceive Care Commit Carry
Faith	Ability to strengthen resolve to run life's race	Perseverance - Never Rive up	2-E Strategy	Endure Expect
Discipline	Determination to suffer short-term pain for long-term gain.	Decision to change, followed by process of change	3 per Day Strategy	Physical discipline Mental discipline Spiritual discipline
Association	Ability to manage relationships to work for me, not against me	Understand that people will either make me or break me	3-M Strategy	The Menace The Mystery The Mentor
Planning	Ability to manage my life events ahead of tIme	When planning meets opportunity, progress happens	3-G Strategy	Ghost Planning Grunt Planning Glory Planning
Work	Ability to develop both character and career	First obtain work, then maintain work	4-C Strategy (to off-set being own worst enemy)	Caustic Tongue Conniving Tongue Controlled Tongue Caring Tongue
Wealth	First to maximize my resources, then manage my resources	Make a budget with income and expenses	4-T Strategy	Team Time Talent Treasury
Love	Ability to transform myself from crisis and brokenness to self- sufficiency and wholeness	Love myself holistically	5 Areas Strategy	Physically Mentally Socially Spiritually Economically



Tools that build lives<sup>™</sup>

#### VIDEO-BASED LIFE SKILLS FOR RESTORING LIVES IN CRISIS

### The Holistic Hardware Tools

- For distressed individuals homeless, jobless, substance abuser, incarcerated, hungry
- Wherever the outreach/program/ministry meets people flow
- Intensive process workshops to take place as often as possible: every day/at least once a week; repetition is key.
- Video-based provide instruction using HH DVD motivating multiple levels of engagement



Holistic Hardware

### The Responsibility Tool

Take Ownership

Take Initiative

Take Note

#### Holistic Hardware

### The Responsibility Tool

1)	The Responsibility Tcol concerns my ability to effectively in the midst of personal crisis.
	Question: Am I like a house built on rock or on sand?
2)	The key to the Responsibility Tool is to take of my
	personal crisis by my
	Attitude determines approach. Approach determines success or failure.
	Question: Do I see a problem or a pony?
3)	The chief principle of the Responsibility Tocl is a Three-Step Strategy:
4)	Step one: I LOOK BACK to figure out how I got into my crisis.
	ask myself the question am I in crisis?
	Example: Parable of the Prodigal Son
5)	Step two: I GET OUT in a responsible way.
	Lask myself the question: What do I have to do to my crisis?
	Example: King David's wrong approach
6)	Step three: I TAKE NOTE to learn the lesson of the crisis.
	I ask myself the question: What did I learn about from this crisis?

Example: Jonah

#### **Responsibility Tool** Discussion Questions

- What is the chief principle of the Responsibility Tool? Why is it so critical in determining whether you succeed or fail in resolving your personal crisis?
- 2) Why is your attitude so important in your pursuit of personal progress? Is anyone willing to share how a good attitude has helped you and a bad attitude has hindered you?
- 3) What does it mean to "look back" over your crisis? Why are you in crisis? Are you being honest with yourself about the reasons for your crisis?
- 4) What does it mean to "get out" of your crisis? What do you have to do to resolve your crisis? How can you make sure you're not "jumping out of the frying pan and into the fire?"
- 5) What does it mean to "take note" of your crisis? What have you learned about yourself from your crisis? Have you stopped the revolving door of your crisis, or are you going through the same problems over and over and over again?
- 6) Any other questions or comments?

#### Responsibility Tool Homework

Any good story has three parts: a beginning, a middle, and an ending. Reflect on the most significant personal situation or crisis that you've overcome in your life or that you're presently facing in your life, then, on the next page, write a story about it.

Make sure it has a beginning (how the crisis started), a middle (what has happened to you as a result of the crisis), and an ending (how the crisis is ultimately resolved).

Write your story as if it were to be published in a book or made into a movie: give it drama!

Highlight the dramatic moments, the turning points.

Track your attitude through the story. This is the key theme - your attitude and what happens to it.

Describe what your attitude was like at the beginning, what it became during the middle, and how it evolved by the end of the story.

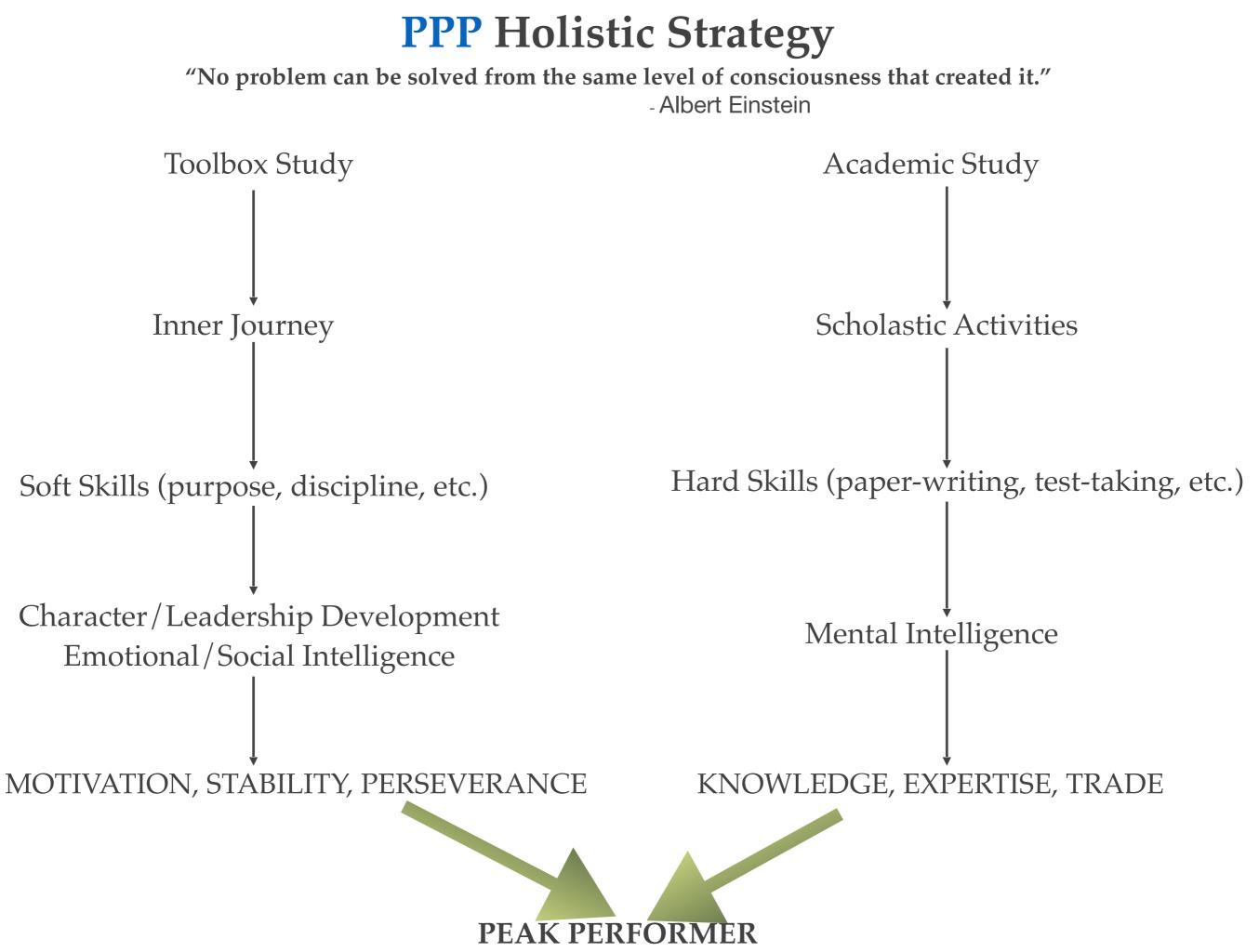
Make sure the story has a happy ending (the crisis is over, behind you). Detail the steps you had to take to make the ending a happy one.

# **Peak Performers** Build a Better You **Build a Better World**



### The *Peak Performer* Tools

- For teenagers targeted at middle school and high school students
- In school or after-school setting classroom or similar environment
- Regular process once a week for 12 weeks: introductory session; 10 weeks of tools; concluding session
- Book-based read a chapter per week; workshop exercises to elaborate and reinforce principles



**Peak Performers Program** 

The Vision Tool The 5 Fs

**Focus Your Vision** 

Figure Out Your Valley

**Fuel Your Victory** 

Fight for Your Dreams

Find Your Destiny in Your Dreams

### **FIGURE Out Your Valley**

What are the obstacles preventing me from realizing my vision?

External obstacles

Internal obstacles



### The **Dynamic Disciple** Tools

- Leadership development for Christian believers

   to help them grow spiritually and prepare
   them to serve others
- Phase 2 of HH
- Dynamic process book reading + online video viewing + Bible Study
- Bible-based Scriptures support holistic tools revealed through book and online video

**Dynamic Discipleship** 

The Love Tool The 4 Loves in 3 Dimensions 1 Corinthians 13:13 1 Thessalonians 5:23

#### <u>UPWARD</u>

Love Your God Mark 12:30-31

#### <u>INWARD</u>

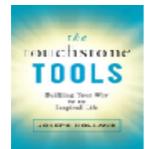
Love Your Body 1 Corinthians 6:19-20

Love Your Soul Philippians 4:8

#### <u>OUTWARD</u>

Love Your Neighbor 1 John 3:17-18

### TTT Empowerment Products



*The Touchstone Tools: Building Your Way to an Inspired Life* Inspirational self-help book 10 chapters, one chapter for each tool



*Holistic Hardware: Tools That Build Lives* Motivational life skills for restoring lives in crisis 4-set DVD with curriculum



The Touchstone Tools Course Your Toobox To Build A Setter You

20:10 Training for Personal Transformation New To Transform Your Life Twenty Minutes a Day For Tem Vineks Using the Touchstone Tools



*The Touchstone Tools Online Video Course: Toolbox To Build A Better You* 10-week course, one tool per week Videos used in concert with workbook

*Peak Performers Program* 12-week course for middle/high schoolers TTT book & PPP Leader's Guide with student exercises



*Dynamic Discipleship* 10-week course for those seeking spiritual growth TTT book, TTT Online Course & Bible-based Workbook

### TTT Empowerment Training

#### **Training for HH Facilitators**

Half-day Workshop Full-day Workshop

#### **Training for PPP Teachers**

Half-day Workshop Full-day Workshop

#### Training for DD Ministers

Half-day Workshop Full-day Workshop

#### **Empowerment Coaching**

Group - master class on HH, PPP, DD One-on-One - individual sessions on HH, PPP, DD

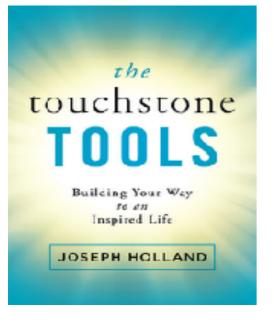
#### **Entrepreneurial Coaching**

Group - master class on business start-ups and economic development initiatives One-on-One - individual sessions on business start-ups and economic development initiatives



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