

Hi Parents!

Welcome to Kid's Church in the season of Covid19! I am so grateful that we can share resources with you so that you can "do church" at home. You'll see links to two videos, one is the Bible story and the other is called Questions from Kids, where Pastor Brian answers a question relative to the lesson.

[Luke 2](#) is the passage that goes along with this lesson, I suggest you read it together either before or after you watch the Bible story video. This is a great lesson to remind us how God always keeps His promises, He promised a savior through the line of Abraham, and he promised Anna and Simeon they would be able to see that savior before they died.

If you want a little more info and context into this passage of Luke, I highly recommend the Bible Project, their videos are very informative. Here is the [link](#) to the video on Luke.

I have a couple of simple activity suggestions to go with this lesson, for preschoolers, get out a watch or a clock so they can see the second hand (iPhone stopwatch also works!). Then tell the child to run in place, hop on one leg or pat their head, BUT they have to wait until you give the signal to go. Then have them do the activity for 10 or 15 seconds, then wait to go again. After this, you can discuss how Anna and Simeon, and really, all the Israelites had to wait for Jesus, the Messiah, to be born.

For elementary aged kids, I suggest you do a round of "popcorn praise". This would be a great family activity, you can use a beach ball, small ball or really anything you can toss, then toss the object around your family circle. Whomever catches the object will say "God I praise you because..." In times like these, it is so easy to focus on the sadness of missing friends, cancelled activities, etc, so finding things you can praise God for is a great exercise for everyone.

Please know I am praying for all of you, these are strange days and the level of uncertainty is unprecedented. This can cause anxiety in grown-ups AND children. I encourage you to take those fears and anxieties and turn them straight into prayer. I had someone tell me that years ago and it totally changed how I pray.

You can pray the scriptures (Jodie Berndt style!) to help soothe anxiety. She says to take [Psalm 46:10](#), pray "Dear God, help me to be still. Let me off the treadmill of worry and fear. Quiet my heart. Help me be still. I want to KNOW you are God. I don't want to just hope that, I want to be certain. Let me know that you are God. You are in control. You are the Almighty Lord of lords. King of kings. You are God."

Writing out [Philippians 4:6-7](#) is another great scripture activity. Write it on an index card, with a dry erase marker on a mirror, on paper, whatever, and read it with your children when they start to feel anxious. Even better, challenge your children to memorize both of these verses!

Please let me know if I can do anything to help you through these homebound days, I am grateful for you and cannot wait until we are all back together again!

Ann